



Colonoscopy: Day of the Procedure

*You will **NOT** be able to leave alone after your procedure. You must have an adult escort accompany you home.*

Your colonoscopy is scheduled for:

DATE: _____ TIME: _____ ARRIVAL TIME: _____

Medications and other conditions relating to the procedure:

1. **Stop taking “ASPIRIN”**. Anti-arthritis, Ibuprofen, or blood thinning drugs at least **5** days before the procedure.
2. Do not take iron or multi-vitamins containing iron for **2** days prior to your colonoscopy.
3. Do not take any insulin or anti-diabetic medication on the morning of your colonoscopy. Notify the doctor that **you have not** taken any anti-diabetic drugs.
4. Notify the doctor if you take any blood-thinners such as Coumadin.
5. Take only heart, seizure or steroidal medications as usual. Hold all other medications (day of procedure)
6. If you have any heart valve problems, arterial grafts, etc, please notify the doctor before your colonoscopy. You may need to be given antibiotics before your procedure.
7. Women of childbearing age: Colonoscopy should not be done if you are pregnant. If you suspect that you are, notify the doctor to cancel the colonoscopy.